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**Referral Resources – Indian River County**

**Early Steps** – 0-36 months: have or are at-risk for developmental disabilities or delays, no income requirement. 772-380-9972  
[http://www.cms-kids.com/families/early\\_steps/early\\_steps.html](http://www.cms-kids.com/families/early_steps/early_steps.html)

**Florida Diagnostic & Learning Resources System (FDLRS)** – 3 to 5 years old: diagnostic, instructional, and technology support services to district exceptional education programs and families of students with disabilities. 772-564-4166 <https://www.fdlrs.org>

**A+ Therapy** - physical, occupational, and speech therapy 772-464-3303 <http://aplustherapypros.com/services.html>

**Mental Health Association** - crisis intervention, psychotherapy services, and medication management services. Information, referrals, case management, self-help groups, psycho-educational groups, and group therapy. 772-569-9788; [www.mhairc.org](http://www.mhairc.org)

**New Horizons Mental Health/Behavioral Services** – age 4 up, crisis services for adults and children 772-778-7217  
<https://nhtcinc.org/main-guide-to-services>

**Indian River Medical Center** - age 4 up, behavioral in/out patient services 772-563-4666

**Suncoast Mental Health Center** - age 4 up, emotional & behavioral 772-564-8616 <https://ccirh.org/service/behavioral>

**Castle: Safe Families Program** – abuse prevention, in-home visits, classes for first-time parents, divorce or separation. 772-465-6011  
[https://www.allthingstreasurecoast.com/Non-ProfitOrganizations/CASTLE Teaching Safe Parenting.html](https://www.allthingstreasurecoast.com/Non-ProfitOrganizations/CASTLE_Teaching_Safe_Parenting.html)

**Tykes & Teens** - mental health services for individual, group and family counseling, education, prevention, outreach, advocacy 772-220-3439 <https://www.tykesandteens.org/>

**All Aboard Therapy** - speech-language pathology, physical therapy, and occupational therapy  
772-567-0061 <https://allaboardtherapy.com/services/>

**Legacy** - behavioral health services 772-597-0411 <https://legacybhc.com/services/>

**Center for Autism & Related Disabilities FAU (CARD)** - consulting, training and support, at no charge, for autism and related disabilities. 888-632-6395 <https://www.fau.edu/education/centersandprograms/card>

**Milestones Developmental Center for Autism of Indian River** - in-home or center based therapy, feeding therapy, community support, preschool/school support, support with IEP meetings, early intervention 772-713-2203 [www.milestonesdc.org/services](http://www.milestonesdc.org/services)

**The Scott Center for Autism Treatment** - Applied Behavior Analysis 772-444-2674 <https://www.thescottcenter.org/>

**Behavioral Stepping Stones** - Applied Behavior Analysis support services for autism (Medicaid approved) 772-473-5016  
<https://www.behavioralsteppingstones.com/>

**Chrysalis Health** - behavioral mental health agency 561-533-6640 [www.chrysalishealth.com](http://www.chrysalishealth.com)

**ABA Therapy Solutions, LLC** - autism & related disabilities 772-678-6704 (Medicaid accepted) [www.abasolutions.org](http://www.abasolutions.org)

**Behavior Basics, Inc.** - behavior analysis therapy (Medicaid accepted) 772-463-0444 [info@behaviorbasicinc.com](mailto:info@behaviorbasicinc.com)

