



LET'S EAT

Layering the
CLASS tool into
daily routines



SCAN HERE

SIGN IN SESSION #2



The Wonder Years
Conference

WELCOME!

PLEASE SIGN IN BY SCANNING THE QR CODE.

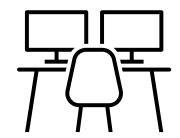
TRUDIE KNAPP



My career began as a 2nd grade teacher in the UK where home is!



Fort Pierce



Teacher, Trainer, Coach,
Expert CLASS Coder, Assessor,
Early Childhood Specialist



AGENDA



- Procedures/Routines and Transitions
- Why mealtimes?
- The power of eating together
- Let's Eat!
- The CLASS tool and mealtime
- Conversation Cards





Wiping faces

Wiping faces

Drinking water

Arrival

Arrival

Walking to the car line

Eating lunch

Eating lunch

Hanging up back packs

Blowing noses

Blowing nose

Throwing away trash

Walking outside

Walking to the bus

Eating snack

Emptying folder

Emptying folders

Lacing shoes

Lining up to come inside

Cleaning up

Eating breakfast

Cleaning up

Lining up to go outside

Lining up to go outside

Going to the loo

Going to the loo

Wiping tables

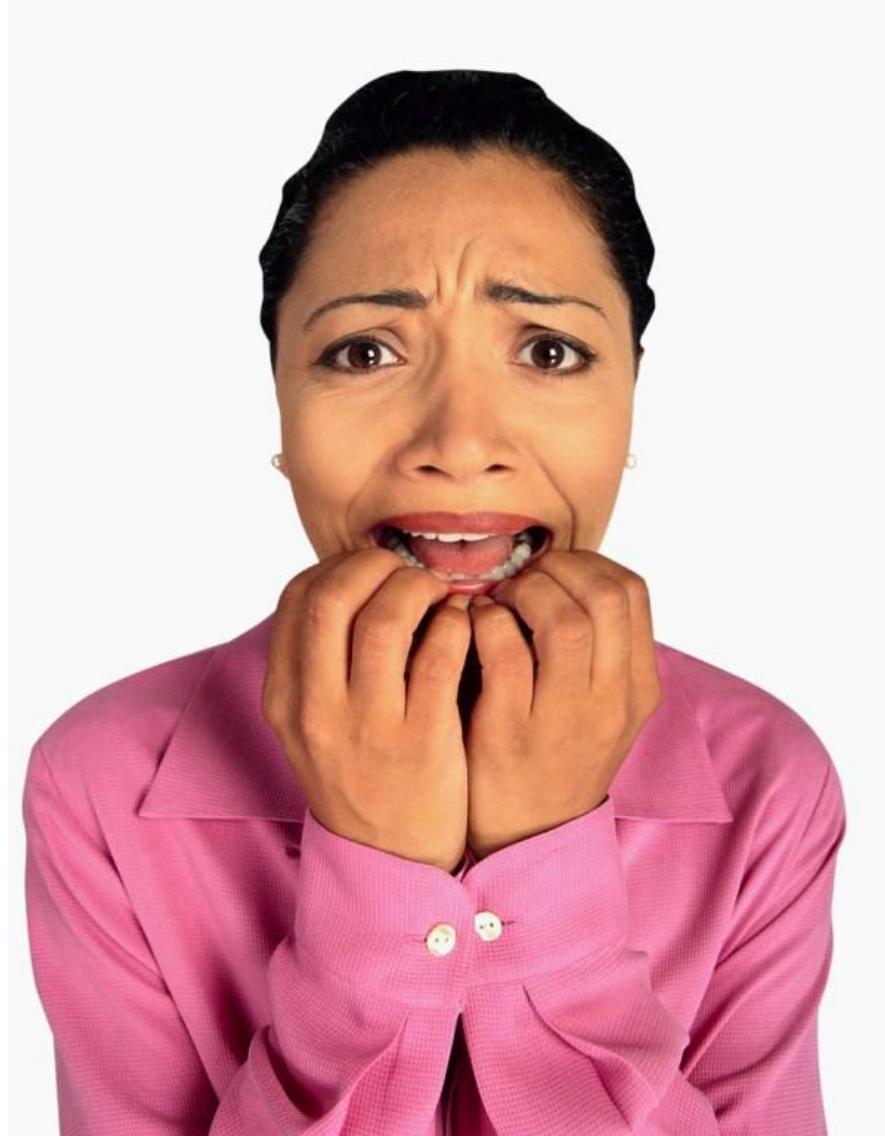
Lining up to wait to the bus

Walking outside

Walking outside

DON'T COME
DURING
BREAKFAST!

WILL YOU BE
GONE BY
LUNCH?



THE POWER OF
EATING WITH
OTHERS



LET'S EAT!





HOW DID YOU FEEL?

WHAT DID YOU DO?

WHAT DID YOU
DISCOVER AND HOW?



How did you feel?



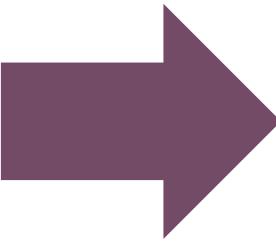
What did you do?



What did you discover and how?



HOW DO WE GET FROM



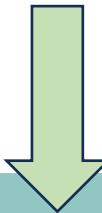


CLASS and mealtime



Let's talk about opportunities for....

Warm
supportive
relationships



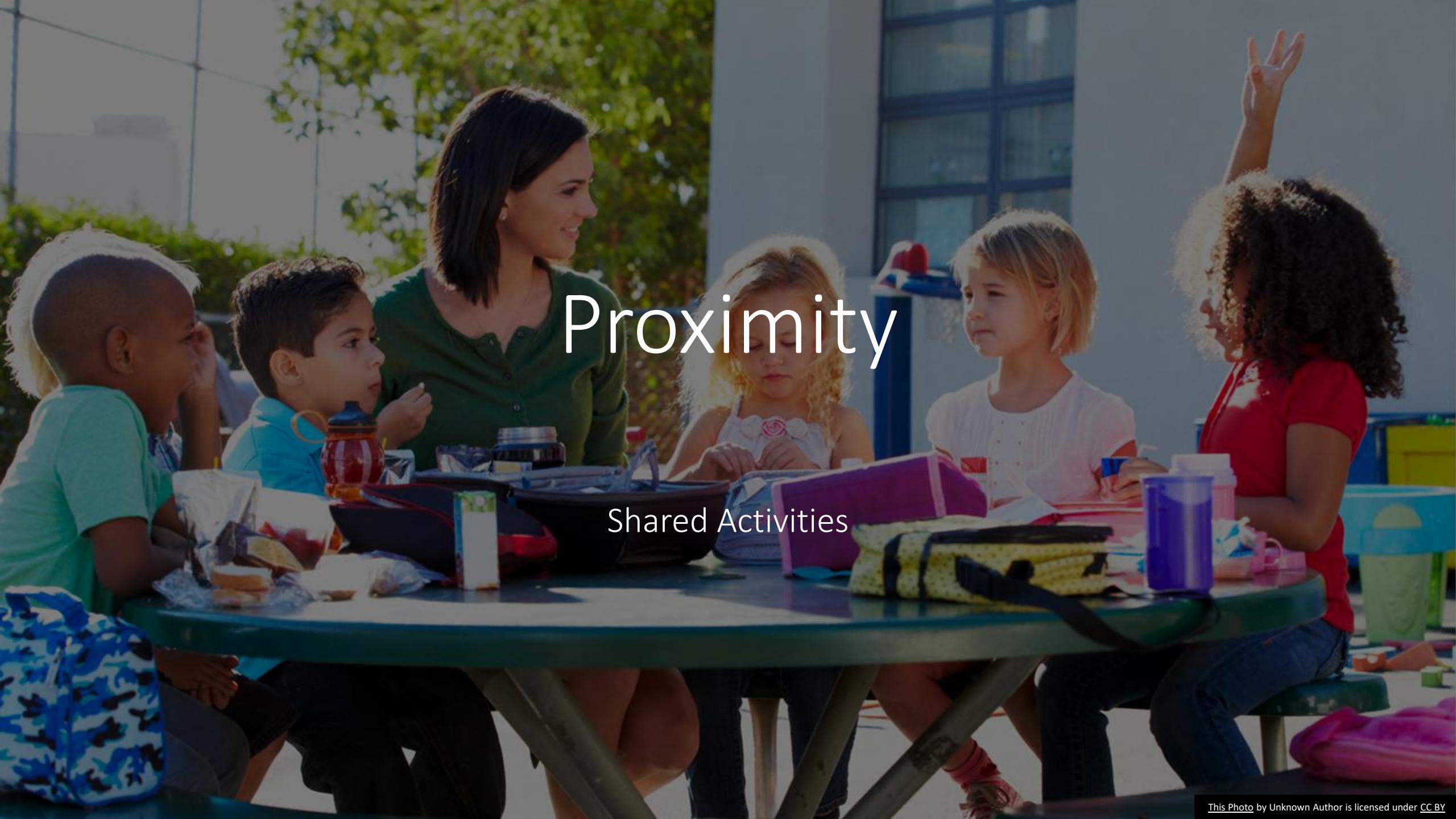
**Emotional
Support**

**Classroom
Organization**

**Instructional
Support**

Feelings of
comfort

Appropriate
autonomy

A group of children and a teacher are gathered around a table, engaged in a shared activity. The teacher, a woman with dark hair in a green shirt, is smiling and interacting with the children. The children are of various ages and ethnicities, sitting on chairs around the table. On the table, there are various items including a red sippy cup, a white box, and some colorful containers. The setting appears to be an outdoor classroom or a play area with trees and a building in the background.

Proximity

Shared Activities

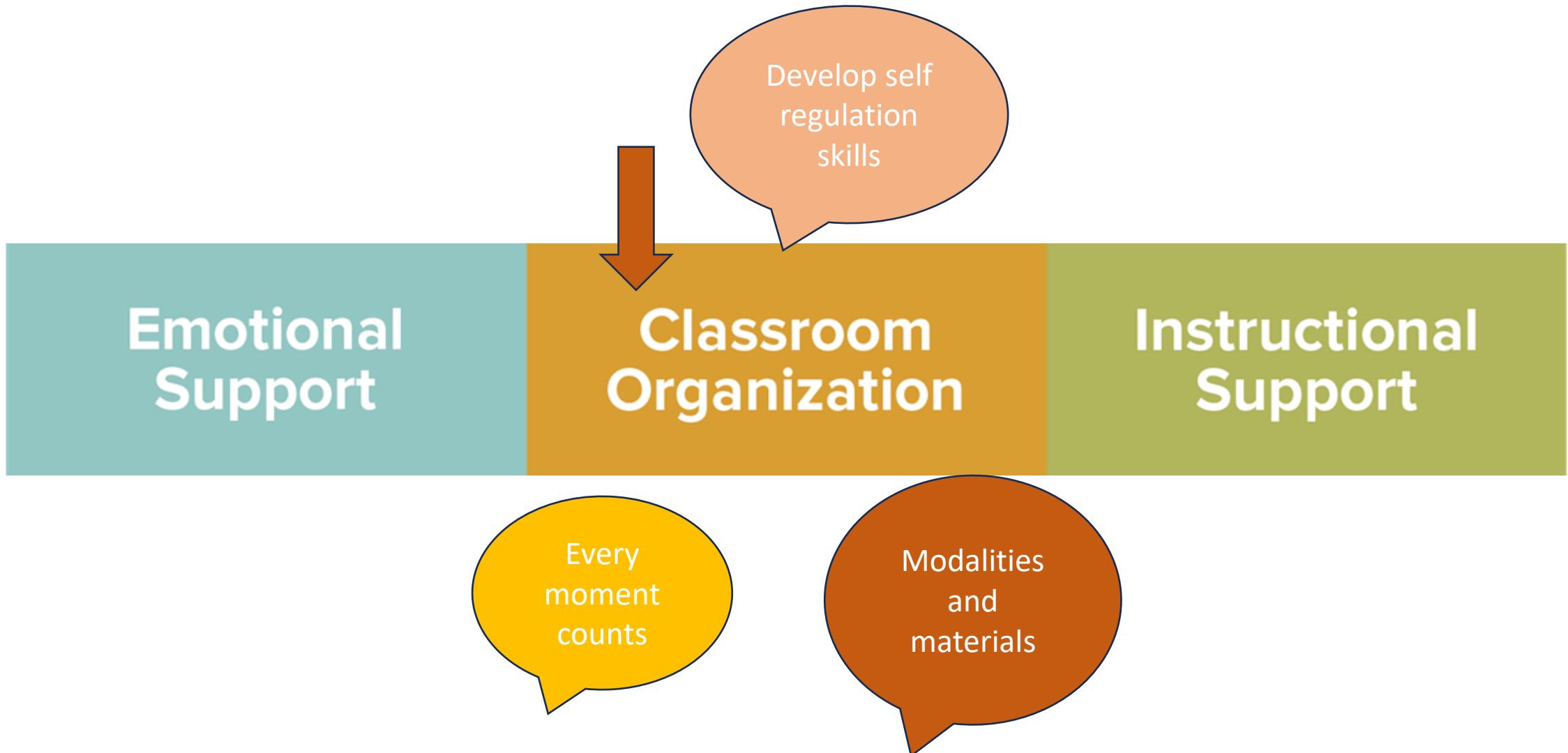


I'm not done!



Clean Up

Let's talk about opportunities for....



A photograph of a young boy with blonde hair and bangs, wearing a grey t-shirt, eating a sandwich. He is looking directly at the camera with a neutral expression. To his right, a man with grey hair, wearing a red and black striped suit, is shouting with an open mouth. The background is a blurred indoor setting with a bookshelf. The overall mood is dramatic.

Setting Expectations



Staying busy

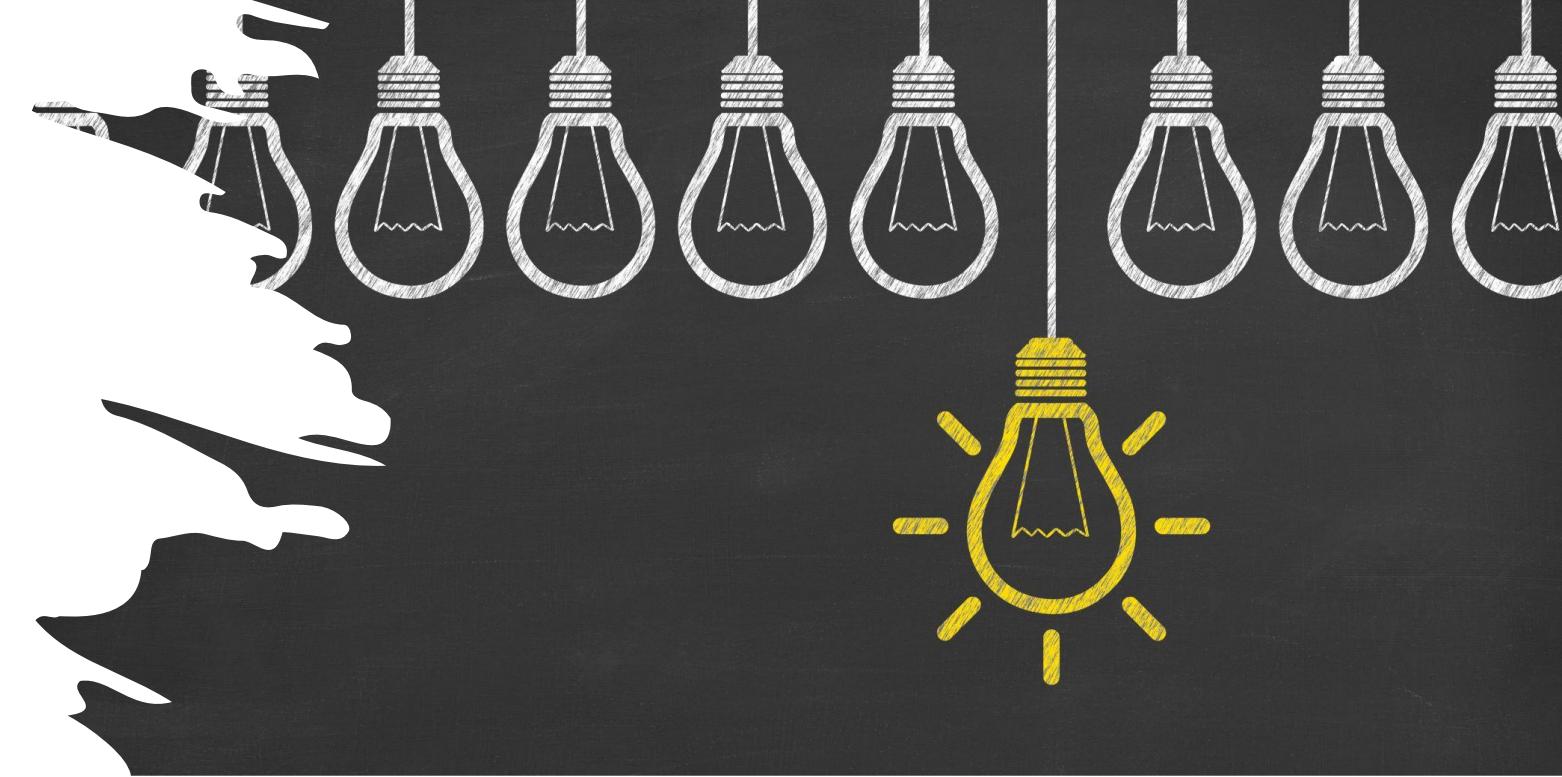
Instructional Learning Formats (dimension)

Effective Facilitation	Variety of modalities and materials	Student Interest	Clarity of learning objectives
<ul style="list-style-type: none">• <i>Sit</i> with the children• <i>Model</i> appropriate mealtime behaviors• <i>Ask questions</i> about their day• <i>Encourage</i> children to plan together for what comes next• <i>Share</i> stories	<ul style="list-style-type: none">• <i>Talk</i> about the day's food as it is passed around the table• Have the children <i>serve themselves</i> and then pass the dish to the next child• Ask the children to <i>smell and taste</i> the meal• <i>Sing</i> a song to begin the meal together	<ul style="list-style-type: none">• Have children <i>participate</i> in the preparation of mealtime• Give students <i>responsibility</i> for set-up and cleanup• <i>Ask questions</i> about what they are eating or anything at all!• <i>Ask</i> children to <i>share</i> their knowledge about the importance of eating a variety of foods or anything else at all!	<ul style="list-style-type: none">• Use <i>advanced organizing statements</i> such as: "We are going to pass the bowl of apples around the table. When everyone has some of everything on their plate, we will sing our song and eat together."• If children get off track, <i>reorient</i> them with <i>reminders</i> to continue passing the food and to take turns talking listening and eating• Ask <i>questions</i> to bring them back to mealtime focus.

Let's talk about opportunities for....



Concept Development during mealtime



Feed and Back





Mealtime conversation cards

