

Letter Identification

- Sing the Alphabet song with your child.
- Play games using the Alphabet.
For example: I spy something that begins with the letter M.
- With your child sitting next to you, print the letters of your child's name on paper and say each letter as you write it.
- Help your child to spell and write his/her name. At first, he/she may use just a few letters. For example, Jenny might use letters JNY.
- With your child, make a name sign for your child's room.
- Point out individual letters in signs, posters, food containers (like cereal boxes), menus, magazines.
- Read ABC books with your child
- Give your child a page from a magazine. Circle a letter on the page and have him/her circle matching letters.
- Watch TV shows with your child, such as, "Between the Lions," "Blue's Clues," and "Sesame Street" that feature letter learning activities for young children.



Phonics



- Look at pictures or objects. Ask your child to say the sound the picture or object begins with.
- As you read a story or poem, ask your child to listen for and say words that begin with the same sound. Then have him/her think of and say another word that begins with the same sound.
- Write letters on pieces of paper and put them in a bag. Have your child pull out a paper from the bag and say the name of the letter and the sound that it represents. Then have him/her say a word that begins with the same sound.
- Cut pictures from a magazine or draw pictures to help your child make his/her own alphabet book.
- Let your child have fun writing the alphabet letters, his/her name, and stories. Let your child share his/her writing. Praise your child's effort to write.

Word Recognition

- Place alphabet magnets on your refrigerator. Encourage your child to make simple words. For example: cat, dog, mom, dad.
- Read books with your child and point out common words. For example: the, I, go, a, and, see, like, me, you.



Social/ Emotional



Parents can help their children interact socially by ensuring their child:

- Can correctly state his gender and age. • Encourage your child's independence.
- Can recite her first and last names, and the names of parents.
- Takes care of his own needs, such as washing hands and dressing.

Adjusts to new situations without an adult being present. Is starting to notice other people's moods and feelings.

- Expresses anger with words rather than acting out physically. • Take turns, share, and cooperate.
- Is beginning to recognize his limits and can ask others for help.

